

APA Style

American Psychological Association (APA) style calls for (1) brief documentation in parentheses near each in-text citation and (2) complete documentation in a list of references at the end of your text. The models in this chapter draw on the *Publication Manual of the American Psychological Association*, 6th edition (2010). Additional information is available at www.apastyle.org.

A DIRECTORY TO APA STYLE

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Throughout this chapter, you'll find models and examples that are color-coded to help you see how writers include source information in their texts and reference lists: **brown** for author or editor, **yellow** for title, **gray** for publication information: place of publication, publisher, date of publication, page number(s), and so on.



author



title



publication

APA-a In-Text Documentation

Brief documentation in your text makes clear to your reader precisely what you took from a source and, in the case of a quotation, precisely where (usually, on which page) in the source you found the text you are quoting.

PARAPHRASES and **SUMMARIES** are more common than **QUOTATIONS** in APA-style projects. See **R-4** for more on all three kinds of citation. As you cite each source, you will need to decide whether to name the author in a signal phrase—"as McCullough (2001) wrote"—or in parentheses—" (McCullough, 2001)." Note that APA requires you to use the past tense or present perfect tense for verbs in **SIGNAL PHRASES**: "Moss (2003) argued," "Moss (2003) has argued."

1. AUTHOR NAMED IN A SIGNAL PHRASE

If you are quoting, you must give the page number(s). You are not required to give the page number(s) with a paraphrase or a summary, but APA encourages you to do so, especially if you are citing a long or complex work; most of the models in this chapter do include page numbers.

AUTHOR QUOTED

Put the date in parentheses right after the author's name; put the page in parentheses as close to the quotation as possible.

McCullough (2001) described John Adams as having "the hands of a man accustomed to pruning his own trees, cutting his own hay, and splitting his own firewood" (p. 18).

Notice that in this example, the parenthetical reference with the page number comes *after* the closing quotation marks but *before* the period at the end of the sentence.

AUTHOR PARAPHRASED OR SUMMARIZED

Put the date in parentheses right after the author's name; follow the date with the page.

John Adams's hands were those of a laborer, according to McCullough (2001, p. 18).

2. AUTHOR NAMED IN PARENTHESES

If you do not mention an author in a signal phrase, put his or her name, a comma, and the year of publication in parentheses as close as possible to the quotation, paraphrase, or summary.

AUTHOR QUOTED

Give the author, date, and page in one parenthesis, or split the information between two parentheses.

One biographer (McCullough, 2001) has said John Adams had “the hands of a man accustomed to pruning his own trees, cutting his own hay, and splitting his own firewood” (p. 18).

AUTHOR PARAPHRASED OR SUMMARIZED

Give the author, date, and page in one parenthesis toward the beginning or the end of the paraphrase or summary.

John Adams’s hands were those of a laborer (McCullough, 2001, p. 18).

3. AUTHORS WITH THE SAME LAST NAME

If your reference list includes more than one person with the same last name, include initials in all documentation to distinguish the authors from one another.

Eclecticism is common in contemporary criticism (J. M. Smith, 1992, p. vii).

4. TWO AUTHORS

Always mention both authors. Use *and* in a signal phrase, but use an ampersand (&) in parentheses.

Carlson and Ventura (1990) wanted to introduce Julio Cortázar, Marjorie Agosín, and other Latin American writers to an audience of English-speaking adolescents (p. v).

According to the Peter Principle, “In a hierarchy, every employee tends to rise to his level of incompetence” (Peter & Hull, 1969, p. 26).

5. THREE OR MORE AUTHORS

In the first reference to a work by three to five persons, name all contributors. In subsequent references, name the first author followed by *et al.*, Latin for “and others.” Whenever you refer to a work by six or more contributors, name only the first author, followed by *et al.* Use *and* in a signal phrase, but use an ampersand (&) in parentheses.

Faigley, George, Palchik, and Selfe (2004) have argued that where there used to be a concept called *literacy*, today's multitude of new kinds of texts has given us *literacies* (p. xii).

Peilen et al. (1990) supported their claims about corporate corruption with startling anecdotal evidence (p. 75).

6. ORGANIZATION OR GOVERNMENT AS AUTHOR

If an organization name is recognizable by its abbreviation, give the full name and the abbreviation the first time you cite the source. In subsequent references, use only the abbreviation. If the organization does not have a familiar abbreviation, always use its full name.

FIRST REFERENCE

(American Psychological Association [APA], 2008)

SUBSEQUENT REFERENCES

(APA, 2008)

7. AUTHOR UNKNOWN

Use the complete title if it is short; if it is long, use the first few words of the title under which the work appears in the reference list.

Webster's New Biographical Dictionary (1988) identifies William James as “American psychologist and philosopher” (p. 520).

A powerful editorial asserted that healthy liver donor Mike Hurewitz died because of “frightening” faulty postoperative care (“Every Patient's Nightmare,” 2007).

8. TWO OR MORE WORKS CITED TOGETHER

If you cite multiple works in the same parenthesis, place them in the order that they appear in your reference list, separated by semicolons.

Many researchers have argued that what counts as “literacy” is not necessarily learned at school (Heath, 1983; Moss, 2003).

9. TWO OR MORE WORKS BY ONE AUTHOR IN THE SAME YEAR

If your list of references includes more than one work by the same author published in the same year, order them alphabetically by title, adding lowercase letters (“a,” “b,” and so on) to the year.

Kaplan (2000a) described orderly shantytowns in Turkey that did not resemble the other slums he visited.

10. SOURCE QUOTED IN ANOTHER SOURCE

When you cite a source that was quoted in another source, let the reader know that you used a secondary source by adding the words *as cited in*.

During the meeting with the psychologist, the patient stated repeatedly that he “didn’t want to be too paranoid” (as cited in Oberfield & Yasik, 2004, p. 294).

11. WORK WITHOUT PAGE NUMBERS

Instead of page numbers, some electronic works have paragraph numbers, which you should include (preceded by the abbreviation *para.*) if you are referring to a specific part of such a source. In sources with neither page nor paragraph numbers, refer readers to a particular part of the source if possible, perhaps indicating a heading and the paragraph under the heading.

Russell’s dismissals from Trinity College at Cambridge and from City College in New York City have been seen as examples of the controversy that marked his life (Irvine, 2006, para. 2).

12. AN ENTIRE WORK

You do not need to give a page number if you are directing readers' attention to an entire work.

Kaplan (2000) considered Turkey and Central Asia explosive.

When you are citing an entire website, give the URL in the text. You do not need to include the website in your reference list. To cite part of a website, see no. 20 on pp. 175–76.

Beyond providing diagnostic information, the website for the Alzheimer's Association includes a variety of resources for family and community support of patients suffering from Alzheimer's disease (<http://www.alz.org>).

13. PERSONAL COMMUNICATION

Document email, telephone conversations, interviews, personal letters, messages from nonarchived electronic discussion sources, and other personal texts as *personal communication*, along with the person's initial(s), last name, and the date. You do not need to include such personal communications in your reference list.

L. Strauss (personal communication, December 6, 2013) told about visiting Yogi Berra when they both lived in Montclair, New Jersey.

APA-b Notes

You may need to use content notes to give an explanation or information that doesn't fit into your text. To signal a content note, place a superscript numeral at the appropriate point in your text. Include this information as a footnote, or put the notes on a separate page with the heading *Notes*, after your reference list. If you have multiple notes, number them consecutively throughout your text. Here is an example from *In Search of Solutions: A New Direction in Psychotherapy* (2003).

TEXT WITH SUPERScript

An important part of working with teams and one-way mirrors is taking the consultation break, as at Milan, BFTC, and MRI.¹

CONTENT NOTE

¹It is crucial to note here that while working within a team is fun, stimulating, and revitalizing, it is not necessary for successful outcomes. Solution-oriented therapy works equally well when working solo.

APA-c Reference List

A reference list provides full bibliographic information for every source cited in your text with the exception of entire websites and personal communications. See p. 186 for guidelines on preparing such a list; for a sample reference list, see p. 191.

Print Books

For most books, you'll need to provide the author, the publication date, the title and any subtitle, and the place of publication and publisher.

IMPORTANT DETAILS FOR DOCUMENTING PRINT BOOKS

- **AUTHORS:** Use the author's last name, but replace the first and middle names with initials (D. Kinder for Donald Kinder).
- **DATES:** If more than one year is given, use the most recent one.
- **TITLES:** Capitalize only the first word and proper nouns and proper adjectives in titles and subtitles.
- **PUBLICATION PLACE:** Give city followed by state (abbreviated) or country, if outside the United States (for example, Boston, MA; London, England; Toronto, Ontario, Canada). If more than one city is given, use the first. Do not include the state or country if the publisher is a university whose name includes that information.

- **PUBLISHER:** Use a shortened form of the publisher's name (Little, Brown for Little, Brown and Company), but retain Association, Books, and Press (American Psychological Association, Princeton University Press).

1. ONE AUTHOR

Author's Last Name, Initials. (Year of publication). *Title*. Publication City, State or Country: Publisher.

Lewis, M. (2003). *Moneyball: The art of winning an unfair game*. New York, NY: Norton.

2. TWO OR MORE WORKS BY THE SAME AUTHOR

If the works were published in different years, list them chronologically.

Lewis, B. (1995). *The Middle East: A brief history of the last 2,000 years*. New York, NY: Scribner.

Lewis, B. (2003). *The crisis of Islam: Holy war and unholy terror*. New York, NY: Modern Library.

If the works were published in the same year, list them alphabetically by title, adding "a," "b," and so on to the year.

Kaplan, R. D. (2000a). *The coming anarchy: Shattering the dreams of the post cold war*. New York, NY: Random House.

Kaplan, R. D. (2000b). *Eastward to Tartary: Travels in the Balkans, the Middle East, and the Caucasus*. New York, NY: Random House.

3. TWO OR MORE AUTHORS

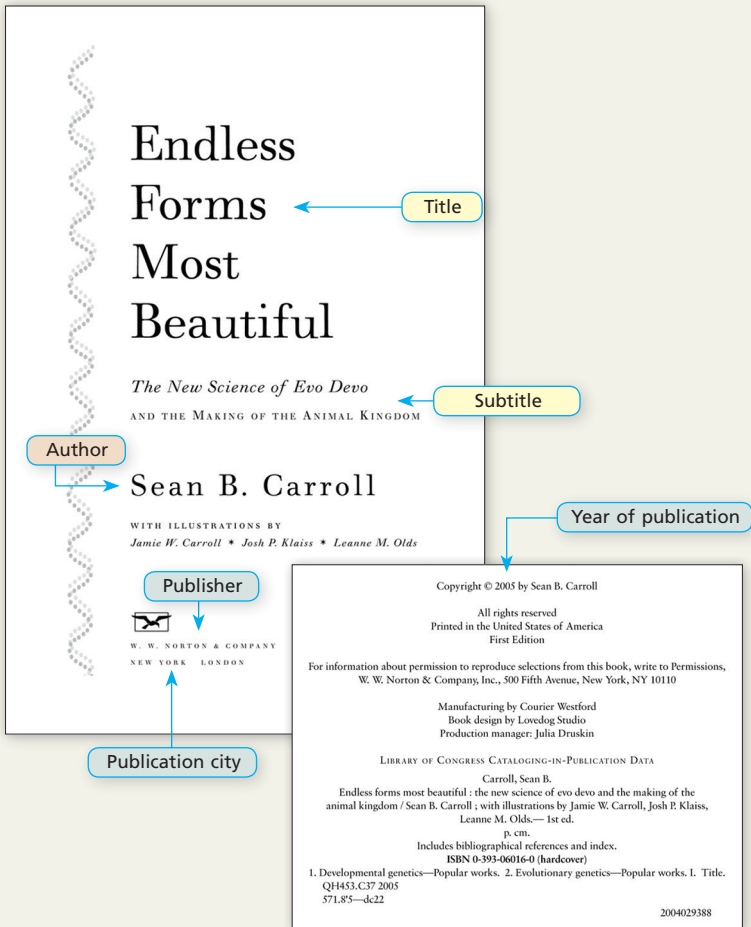
For two to seven authors, include all names.

First Author's Last Name, Initials, Next Author's Last Name, Initials, & Final Author's Last Name, Initials. (Year of publication). *Title*. Publication City, State or Country: Publisher.

Levitt, S. D., & Dubner, S. J. (2005). *Freakonomics: A rogue economist explores the hidden side of everything*. New York, NY: Morrow.

Documentation Map (APA)

PRINT BOOK



Carroll, S. B. (2005). *Endless forms most beautiful: The new science of evo devo and the making of the animal kingdom*. New York, NY: Norton.

For a work by eight or more authors, name just the first six authors, followed by three ellipses, and end with the final author (see no. 21 for an example from a magazine article).

4. ORGANIZATION OR GOVERNMENT AS AUTHOR

Sometimes an organization or a government agency is both author and publisher. If so, use the word *Author* as the publisher.

Organization Name or Government Agency. (Year of publication).

Title. Publication City, State or Country: Publisher.

Catholic News Service. (2002). *Stylebook on religion 2000: A reference guide and usage manual*. Washington, DC: Author.

5. AUTHOR AND EDITOR

Author's Last Name, Initials. (Year of edited edition). Title. (Editor's

Initials Last Name, Ed.). Publication City, State or Country:

Publisher. (Original work[s] published year[s])

Dick, P. F. (2008). *Five novels of the 1960s and 70s*. (J. Lethem, Ed.). New York, NY: Library of America. (Original works published 1964-1977)

6. EDITED COLLECTION

First Editor's Last Name, Initials, Next Editor's Last Name, Initials, &

Final Editor's Last Name, Initials. (Eds.). (Year of edited

edition). Title. Publication City, State or Country: Publisher.

Raviv, A., Oppenheimer, L., & Bar-Tal, D. (Eds.). (1999). *How children understand war and peace: A call for international peace education*. San Francisco, CA: Jossey-Bass.

7. WORK IN AN EDITED COLLECTION

Author's Last Name, Initials. (Year of publication). Title of article

or chapter. In Initials Last Name (Ed.), Title (pp. pages).

Publication City, State or Country: Publisher.

Harris, I. M. (1999). Types of peace education. In A. Raviv, L. Oppenheimer, & D. Bar-Tal (Eds.), *How children understand*

war and peace: A call for international peace education (pp. 46-70). San Francisco, CA: Jossey-Bass.

8. UNKNOWN AUTHOR

Title. (Year of publication). Publication City, State or Country: Publisher.

Webster's new biographical dictionary. (1988). Springfield, MA: Merriam-Webster.

If the title page of a work lists the author as *Anonymous*, treat the reference-list entry as if the author's name were *Anonymous*, and alphabetize it accordingly.

9. EDITION OTHER THAN THE FIRST

Author's Last Name, Initials. (Year). **Title** (name or number ed.). Publication City, State or Country: Publisher.

Burch, D. (2008). *Emergency navigation: Find your position and shape your course at sea even if your instruments fail* (2nd ed.). Camden, ME: International Marine/McGraw-Hill.

10. TRANSLATION

Author's Last Name, Initials. (Year of publication). **Title** (Translator's Initials Last Name, Trans.). Publication City, State or Country: Publisher. (Original work published Year)

Hugo, V. (2008). *Les misérables* (J. Rose, Trans.). New York, NY: Modern Library. (Original work published 1862)

11. MULTIVOLUME WORK

Author's Last Name, Initials. (Year). **Title** (Vols. numbers). Publication City, State or Country: Publisher.

Nastali, D. P., & Boardman, P. C. (2004). *The Arthurian annals: The tradition in English from 1250 to 2000* (Vols. 1-2). New York, NY: Oxford University Press USA.

ONE VOLUME OF A MULTIVOLUME WORK

Author's Last Name, Initials. (Year). *Title of whole work* (Vol. number). Publication City, State or Country: Publisher.

Spiegelman, A. (1986). *Maus* (Vol. 1). New York, NY: Random House.

12. ARTICLE IN A REFERENCE BOOK**UNSIGNED**

Title of entry. (Year). In *Title of reference book* (Name or number ed., Vol. number, pp. pages). Publication City, State or Country: Publisher.

Macrophage. (2003). In *Merriam-Webster's collegiate dictionary* (11th ed., p. 745). Springfield, MA: Merriam-Webster.

SIGNED

Author's Last Name, Initials. (Year). Title of entry. In *Title of reference book* (Vol. number, pp. pages). Publication City, State or Country: Publisher.

Wasserman, D. E. (2006). Human exposure to vibration. In *International encyclopedia of ergonomics and human factors* (Vol. 2, pp. 1800-1801). Boca Raton, FL: CRC.

Print Periodicals

For most articles, you'll need to provide information about the author; the date; the article title and any subtitle; the periodical title; and any volume or issue number and inclusive page numbers.

IMPORTANT DETAILS FOR DOCUMENTING PRINT PERIODICALS

- **AUTHORS:** List authors as you would for a book (see p. 166).
- **DATES:** For journals, give year only. For magazines and newspapers, give year followed by a comma and then month or month and day.
- **TITLES:** Capitalize article titles as you would for a book (see p. 166). Capitalize the first and last words and all principal words of periodical titles. Do not capitalize *a*, *an*, *the*, or any prepositions

or coordinating conjunctions unless they begin the title of the periodical.

- **VOLUME AND ISSUE:** For journals and magazines, give volume or volume and issue, depending on the journal's pagination method. For newspapers, do not give volume or issue.
- **PAGES:** Use *p.* or *pp.* for a newspaper article but not for a journal or magazine article. If an article does not fall on consecutive pages, give all the page numbers (for example, 45, 75-77 for a journal or magazine; pp. C1, C3, C5-C7 for a newspaper).

13. ARTICLE IN A JOURNAL PAGINATED BY VOLUME

Author's Last Name, Initials. (Year). Title of article. *Title of Journal*, volume, pages.

Gremer, J. R., Sala, A., & Crone, E. E. (2010). Disappearing plants: Why they hide and how they return. *Ecology*, 91, 3407-3413.

14. ARTICLE IN A JOURNAL PAGINATED BY ISSUE

Author's Last Name, Initials. (Year). Title of article. *Title of Journal*, volume(issue), pages.

Weaver, C., McNally, C., & Moerman, S. (2001). To grammar or not to grammar: That is *not* the question! *Voices from the Middle*, 8(3), 17-33.

15. ARTICLE IN A MAGAZINE

If a magazine is published weekly, include the day and the month. If there are a volume number and an issue number, include them after the magazine title.

Author's Last Name, Initials. (Year, Month Day). Title of article. *Title of Magazine*, volume(issue), page(s).

Gregory, S. (2008, June 30). Crash course: Why golf carts are more hazardous than they look. *Time*, 171(26), 53.

If a magazine is published monthly, include the month(s) only.

Documentation Map (APA)

ARTICLE IN A PRINT MAGAZINE

HEALTH
Freshen Up Your Drink. Reusing water bottles is good ecologically, but is it bad for your health? How to drink smart

BY LISA TAKEUCHI CULLEN

DRINKING WATER SHOULD BE A GLORIOUSLY guilt-free activity. H₂O won't make you fat, give you cancer or stain your teeth a revolting shade of yellow. It's second only to soda as the American beverage of choice, ever since marketers thought to package it for us in handy plastic bottles. But now the green lobby informs us we may as well be clubbing baby seals with our Evian bottles, so great is the environmental havoc wreaked by their manufacture and disposal. Some resourceful consumers have taken to reusing the containers multiple times; others have switched to reusable water bottles.

While we fuss over the impact of water containers on the environment, however, most of us have overlooked their potential impact on our health. Many water bottles on the market, like many soda containers,

are made of a hard plastic called polyethylene terephthalate, or PET. This material is perfectly safe for repeated use, designed for repeated use. Schwab, an environmentalist at Johns Hopkins Bloomberg School of Public Health, "You might think that harbors bacteria, and row mouth makes it hard to clean. Reusable water bottles as well. Like many red Belcher used to carry a Nalgene made of polycarbonate plastic. As an associate professor at the University of California, he knew that polycarbonate phenol A (BPA), a synthetic mimics estrogen. What was if or how much BPA, water. In experiments, he found that BPA seeps into water. But he was still

Title of article
Author

Volume and issue

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20 | PEOPLE Gene Wilder on his new book, Chuck Norris, the soldier's hero
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TIME

VOL. 171, NO. 12 | 2008

Is Your Water Bottle Safe?
Here's what you need to know before you chug that H₂O

	Single-Use PET	Polycarbonate	HDPE	Stainless Steel
What it's made of	Polyethylene terephthalate, or PET, is a lightweight plastic used in many drink bottles	This thermoplastic polymer is used in many products, including water containers	High-density polyethylene is a softer, opaque plastic made from petroleum	These bottles are made of durable and light stainless steel made and out
Potential problems	PET degrades with use, and refilled surfaces can host germs—as can backwash	Studies show polycarbonates can leach a potentially harmful synthetic hormone	Scientists and health advocates have reported no known problems with HDPE	Stainless steel doesn't leach or react. But avoid freezing or filling with hot water
Should I reuse this bottle?	No. Use it as it's intended: once. Recycle it or reimagine and reuse—as a flower vase	The FDA insists polycarbonate containers are safe, but some scientists disagree	Yes. Though less sneaky-looking than polycarbonate, HDPE containers are safe	Yes. Stainless steel rates up there with glass as a safe, reliable material. Drink up

TIME March 24, 2008

Month, day, and year

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Title of magazine

Cullen, L. T. (2008, March 24). Freshen up your drink: Reusing water bottles is good ecologically, but is it bad for your health? How to drink smart. *Time*, 171(12), 65.

16. ARTICLE IN A NEWSPAPER

If page numbers are consecutive, separate them with a hyphen. If not, separate them with a comma.

Author's Last Name, Initials. (Year, Month Day). Title of article. *Title of Newspaper*, p(p). page(s).

Schneider, G. (2005, March 13). Fashion sense on wheels. *The Washington Post*, pp. F1, F6.

17. ARTICLE BY AN UNKNOWN AUTHOR

Title of article. (Year, Month Day). *Title of Periodical*, volume(issue), pages or p(p). page(s).

Hot property: From carriage house to family compound. (2004, December). *Berkshire Living*, 1(1), 99.

18. BOOK REVIEW

Reviewer's Last Name, Initials. (Date of publication). Title of review [Review of the book *Title of Work*, by Author's Initials Last Name]. *Title of Periodical*, volume(issue), page(s).

Brandt, A. (2003, October). Animal planet [Review of the book *Intelligence of apes and other rational beings*, by D. R. Rumb & D. A. Washburn]. *National Geographic Adventure*, 5(10), 47.

If the review does not have a title, include the bracketed information about the work being reviewed, immediately after the date of publication.

19. LETTER TO THE EDITOR

Author's Last Name, Initials. (Date of publication). Title of letter [Letter to the editor]. *Title of Periodical*, volume(issue), page(s). or p(p). page(s).

Hitchcock, G. (2008, August 3). Save our species [Letter to the editor]. *San Francisco Chronicle*, p. P-3.

Online Sources

Not every online source gives you all the data that APA would like to see in a reference entry. Ideally, you will be able to list an author's or editor's name; date of first electronic publication or most recent revision; title of document; information about print publication if any; and retrieval information: DOI (Digital Object Identifier, a string of letters and numbers that identifies an online document) or URL. In some cases, additional information about electronic publication may be required (title of site, retrieval date, name of sponsoring institution).

IMPORTANT DETAILS FOR DOCUMENTING ONLINE SOURCES

- **AUTHORS:** List authors as you would for a print book or periodical (see p. 166).
- **TITLES:** For websites and electronic documents, articles, or books, capitalize title and subtitles as you would for a book (see p. 166); capitalize periodical titles as you would for a print periodical (see p. 171).
- **DATES:** After the author, give the year of the document's original publication on the web or of its most recent revision. If neither of those years is clear, use *n.d.* to mean "no date." For undated content or content that may change (for example, a wiki entry), include the month, day, and year that you retrieved the document. You don't need to include the retrieval date for content that's unlikely to change.
- **DOI OR URL:** Include the DOI instead of the URL in the reference whenever one is available. If no DOI is available, provide the URL of the home page or menu page. If you do not identify the sponsoring institution, you do not need a colon before the URL or DOI. When a URL won't fit on the line, break the URL before most punctuation, but do not break *http://*.

20. WORK FROM A NONPERIODICAL WEBSITE

Author's Last Name, Initials. (Date of publication). Title of work. Title of site. DOI or Retrieved Month Day, Year [if necessary], from URL

Cruikshank, D. (2009, June 15). Unlocking the secrets and powers of the brain. *National Science Foundation*. Retrieved from http://www.nsf.gov/discoveries/disc_summ.jsp?cntn_id=114979&org=NSF

When citing an entire website, include the URL in parentheses within the text. Do not include the website in your list of references.

21. ARTICLE IN AN ONLINE PERIODICAL

When available, include the volume number and issue number as you would for a print source. If no DOI has been assigned, provide the URL of the home page or menu page of the journal or magazine, even for articles that you access through a database.

ARTICLE IN AN ONLINE JOURNAL

Author's Last Name, Initials. (Year). Title of article. *Title of Journal*, volume(issue), pages. DOI or Retrieved from URL

Corbett, C. (2007). Vehicle-related crime and the gender gap. *Psychology, Crime & Law*, 13, 245-263. doi:10.1080/10683160600822022

ARTICLE IN AN ONLINE MAGAZINE

Author's Last Name, Initials. (Year, Month Day). Title of article. *Title of Magazine*, volume(issue). DOI or Retrieved from URL

Barreda, V. D., Palazzesi, L., Tellería, M. C., Katinas, L., Crisci, J. N., Bromer, K., . . . Bechis, F. (2010, September 24). Eocene Patagonia fossils of the daisy family. *Science*, 329(5999). doi:10.1126/science.1193108

ARTICLE IN AN ONLINE NEWSPAPER

If the article can be found by searching the site, give the URL of the home page or menu page.

Author's Last Name, Initials. (Year, Month Day). Title of article. *Title of Newspaper*. Retrieved from URL

Collins, G. (2012, September 12). Game time. *The New York Times*. Retrieved from <http://www.nytimes.com>

Documentation Map (APA)

WORK FROM A WEBSITE

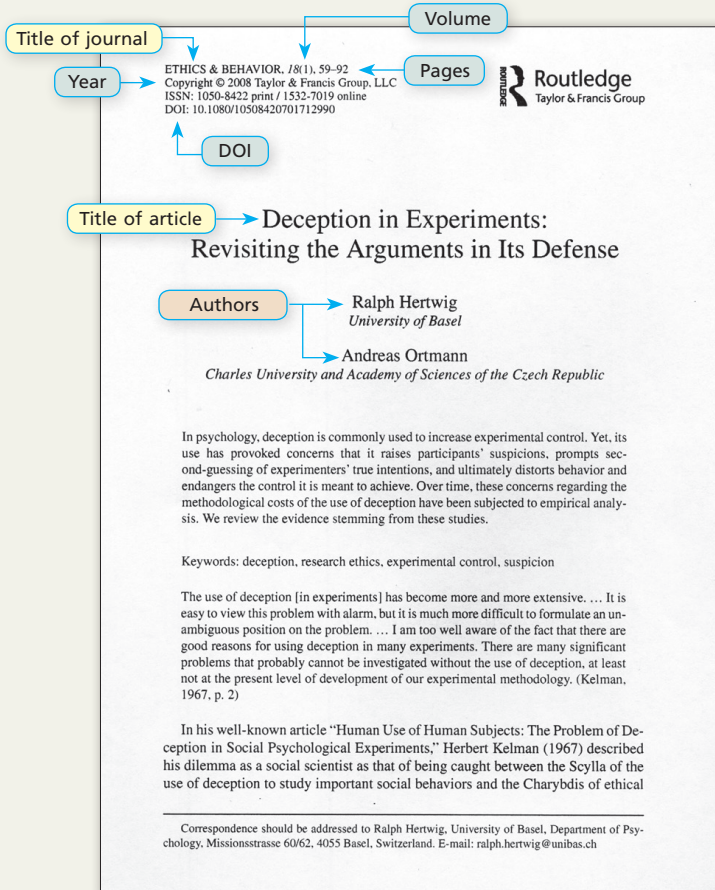
The screenshot shows a web browser window with the address bar displaying the URL: <http://www.frbsf.org/publications/economics/letter/2001/el2001-29>. The page title is "FRBSF: Economic Letter – Has a Recession Already Started? (10/19/2001)". The main heading is "FEDERAL RESERVE BANK OF SAN FRANCISCO". The page content includes the section "ECONOMIC RESEARCH AND DATA" and the specific letter "Economic Letter 2001-29; October 19, 2001". The title of the work is "Has a Recession Already Started?". The author is Glenn D. Rudebusch, Senior Research Advisor. The date of publication is October 19, 2001. The page also includes a "Tool Box" with links to Subscriptions, Glossary, Site Map, Publications, Search, Research Pubs, Careers, and Email Us.

The continuation of the screenshot shows the "Author" section, which identifies Glenn D. Rudebusch as the Senior Research Advisor. Below this is the "Reference" section, which lists the source: Diebold, Francis X., and Glenn D. Rudebusch. 1999. *Business Cycles: Durations, Dynamics, and Forecasting*. Princeton: Princeton University Press. The page also includes a disclaimer: "Opinions expressed in this newsletter do not necessarily reflect the views of the management of the Federal Reserve Bank of San Francisco or of the Board of Governors of the Federal Reserve System. Editorial comments may be addressed to the editor or to the author. Mail comments to: Research Department, Federal Reserve Bank of San Francisco, P.O. Box 7702, San Francisco, CA 94120." The footer of the page states: "This page last updated on December 3, 2007 101 Market Street, San Francisco, CA 94105 © 2007 Federal Reserve Bank of San Francisco".

Rudebusch, G. D. (2001, October 19). Has a recession already started? *Federal Reserve Bank of San Francisco*. Retrieved April 3, 2008, from <http://www.frbsf.org/publications/economics/letter/2001/el2001-29.html>

Documentation Map (APA)

ARTICLE IN A JOURNAL WITH DOI



Hertwig, R., & Ortmann, A. (2008). Deception in experiments:
Revisiting the arguments in its defense. *Ethics & Behavior*,
18, 59-92. doi:10.1080/10508420701712990

22. ARTICLE AVAILABLE ONLY THROUGH A DATABASE

Some sources, such as an out-of-print journal or rare book, can be accessed only through a database. When no DOI is provided, give either the name of the database or its URL.

Author's Last Name, Initials. (Year). Title of article. *Title of Journal*, volume(issue), pages. DOI or Retrieved from Name of database or URL

Simpson, M. (1972). Authoritarianism and education: A comparative approach. *Sociometry*, 35(2), 223-234. Retrieved from <http://www.jstor.org/stable/2786619>

23. ARTICLE OR CHAPTER IN A WEB DOCUMENT OR ONLINE REFERENCE WORK

For a chapter in a web document or an article in an online reference work, give the URL of the chapter or entry if no DOI is provided.

Author's Last Name, Initials. (Year). Title of entry. In Initials Last Name (Ed.), *Title of reference work*. DOI or Retrieved from URL

Korfmacher, C. (2006). Personal identity. In J. Fieser & B. Dowden (Eds.), *Internet encyclopedia of philosophy*. Retrieved from <http://www.iep.utm.edu/person-i/>

24. ELECTRONIC BOOK

Author's Last Name, Initials. (Year). *Title of book*. DOI or Retrieved from URL

TenDam, H. (n.d.). *Politics, civilization & humanity*. Retrieved from <http://onlineoriginals.com/showitem.asp?itemID=46&page=2>


For an ebook based on a print version, include a description of the digital format in brackets after the book title.

Blain, M. (2009). *The sociology of terror: Studies in power, subjection, and victimage ritual* [Adobe Digital Editions version]. Retrieved from http://www.powells.com/sub/AdobeDigitalEditionsPolitics.html?sec_big_link=1

Documentation Map (APA)

ARTICLE ACCESSED THROUGH A DATABASE WITH DOI

Searching: **Specific Databases** 9,222 | Choose Databases »







 Exploring Dream Work in TI Title

and in Select a Field (optional)

and in Select a Field (optional)

[Advanced Search](#) | [Visual Search](#) | [Search History/Alerts](#) | [Preferences](#) »

« 1 of 1 » [Result List](#) | [Refine Search](#)

 **Citation**     

Title of article **Pages**

Title: *Exploring Dream Work at End of Life.*

Authors: Goeltz, Ann¹ agoeltz@yahoo.com

Source: *Dreaming*; Sep2007, Vol. 17 Issue 3, p159-171, 13p

Document Type: Article

Subject Terms: *DREAMS
*TERMINALLY III
*SLEEP -- Physiological aspects
*SUBCONSCIOUSNESS
*PSYCHOLOGY

Title of journal **Volume and issue**













Year

Author Affiliations: ¹Hunter College School of Social *Work*


ISSN: 10530797

DOI: 10.1037/1053-079717.3.159 **DOI**

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Database: Academic Search Complete

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25. WIKI ENTRY

Give the entry title and the date of posting, or *n.d.* if there is no date. Then include the retrieval date, the name of the wiki, and the URL for the entry.

Title of entry. (Year, Month Day). Retrieved Month Day, Year, from
Title of wiki: URL

Discourse. (n.d.). Retrieved November 8, 2013, from Psychology Wiki:
<http://psychology.wikia.com/wiki/Discourse>

26. ONLINE DISCUSSION SOURCE

If the name of the list to which the message was posted is not part of the URL, include it after *Retrieved from*. The URL you provide should be for the archived version of the message or post.

Author's Last Name, Initials. (Year, Month Day). Subject line of
message [Descriptive label]. Retrieved from URL

Baker, J. (2005, February 15). Re: Huffing and puffing [Electronic mailing list message]. Retrieved from American Dialect Society electronic mailing list: <http://listserv.linguistlist.org/cgi-bin/wa?A2=ind0502C&L=ADS-L&P=R44>

Do not include email or other nonarchived discussions in your list of references. Simply give the sender's name in your text. See no. 13 on p. 165 for guidelines on identifying such sources in your text.

27. BLOG ENTRY

Author's Last Name, Initials. (Year, Month Day). Title of post [Blog post]. Retrieved from URL

Collins, C. (2009, August 19). Butterfly benefits from warmer springs? [Blog post]. Retrieved from <http://www.intute.ac.uk/blog/2009/08/19/butterfly-benefits-from-warmer-springs/>

28. ONLINE VIDEO

Last Name, Initials (Writer), & Last Name, Initials (Producer). (Year, Month Day posted). *Title* [Descriptive label]. Retrieved from URL
Coulter, J. (Songwriter & Performer), & Booth, M. S. (Producer). (2006, September 23). *Code monkey* [Video file]. Retrieved from <http://www.youtube.com/watch?v=v4WY7gRGgeA>

29. PODCAST

Writer's Last Name, Initials. (Writer), & Producer's Last Name, Initials. (Producer). (Year, Month Day). Title of podcast. *Title of site or program* [Audio podcast]. Retrieved from URL
Britt, M. A. (Writer & Producer). (2009, June 7). Episode 97: Stanley Milgram study finally replicated. *The Psych Files Podcast* [Audio podcast]. Retrieved from <http://www.thepsychfiles.com/>

Other Kinds of Sources

30. FILM, VIDEO, OR DVD

Last Name, Initials (Producer), & Last Name, Initials (Director). (Year). *Title* [Motion picture]. Country: Studio.
Wallis, M. B. (Producer), & Curtiz, M. (Director). (1942). *Casablanca* [Motion picture]. United States: Warner.

31. MUSIC RECORDING

Composer's Last Name, Initials. (Year of copyright). Title of song. On *Title of album* [Medium]. City, State or Country: Label.
Veloso, C. (1997). Na baixado sapateiro. On *Livros* [CD]. Los Angeles, CA: Nonesuch.

32. PROCEEDINGS OF A CONFERENCE

Author's Last Name, Initials. (Year of publication). Title of paper. In *Proceedings Title* (pp. pages). Publication City, State or Country: Publisher.

Heath, S. B. (1997). Talking work: Language among teens. In *Symposium about Language and Society—Austin* (pp. 27-45). Austin: Department of Linguistics at the University of Texas.

33. TELEVISION PROGRAM

Last Name, Initials (Writer), & Last Name, Initials (Director). (Year). Title of episode [Descriptive label]. In Initials Last Name (Producer), *Series title*. City, State or Country: Network.

Dunkle, R. (Writer), & Lange, M. (Director). (2012). Hit [Television series episode]. In E. A. Bernero (Executive Producer), *Criminal minds*. New York, NY: NBC.

34. SOFTWARE OR COMPUTER PROGRAM

Title and version number [Computer software]. (Year). Publication City, State or Country: Publisher.

Elder Scrolls V: Skyrim [Computer software]. (2012). Rockwood, MD: Bethesda.

35. GOVERNMENT DOCUMENT

Government Agency. (Year of publication). Title. Publication City, State or Country: Publisher.

U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. (2009). *Fourth national report on human exposure to environmental chemicals*. Washington, DC: Government Printing Office.

ONLINE GOVERNMENT DOCUMENT

Government Agency. (Year of publication). Title (Publication No. [if any]). Retrieved from URL

U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health. (2006). *Bipolar disorder* (NIH Publication No. 06-3679). Retrieved from <http://>

www.nimh.nih.gov/health/publications/bipolar-disorder/
nimh-bipolar-adults.pdf

36. DISSERTATION

Include the database name and accession number for dissertations that you retrieve from a database.

Author's Last Name, Initials. (Year). *Title of dissertation* (Doctoral dissertation). Retrieved from Name of database. (accession number)

Knapik, M. (2008). *Adolescent online trouble-talk: Help-seeking in cyberspace* (Doctoral dissertation). Retrieved from ProQuest Dissertation and Theses database. (AAT NR38024)

For a dissertation that you access on the web, include the name of the institution after *Doctoral dissertation*. For example: (Doctoral dissertation, University of North Carolina). End your documentation with *Retrieved from* and the URL.

37. TECHNICAL OR RESEARCH REPORT

Author's Last Name, Initials. (Year). *Title of report* (Report number).
Publication City, State or Country: Publisher.

Elsayed, T., Namata, G., Getoor, L., & Oard, D. W. (2008). *Personal name resolution in email: A heuristic approach* (Report No. LAMP-TR-150). College Park: University of Maryland.

Sources Not Covered by APA

To document a source for which APA does not provide guidelines, look at models similar to the source you have cited. Give any information readers will need in order to find it themselves—author; date of publication; title; publisher; information about electronic retrieval (DOI or URL); and any other pertinent information. You might want to test your reference note yourself, to be sure it will lead others to your source.

APA-d Formatting a Paper

Title page. APA generally requires a title page. At the upper left-hand corner of the page, include “Running head:” and a shortened version of your title in capital letters. The page number (1) should go in the upper right-hand corner. Center the full title of the paper, your name, and the name of your school on separate lines about halfway down the page. You may add an “Author Note” at the bottom of the page to provide course information, acknowledgments, or contact information.

Page numbers. Use a shortened title in capital letters in the upper left-hand corner of each page; place the page number in the upper right-hand corner. Number pages consecutively throughout your paper.

Font, spacing, margins, and indents. Use a serif font (such as Times New Roman or Bookman) for the text, and a sans serif font (such as Calibri or Verdana) for figure labels. Double-space the entire paper, including any notes and your list of references. Leave one-inch margins at the top, bottom, and sides of your text; do not justify the text. The first line of each paragraph should be indented one-half inch (or five-to-seven spaces) from the left margin. APA recommends using two spaces after end-of-sentence punctuation.

Headings. Though they are not required in APA style, headings can help readers follow your text. The first level of heading should be bold, centered, and capitalized as you would any other title; the second level of heading should be bold and flush with the left margin; the third level should be bold and indented, with only the first letter and proper nouns capitalized and with a period at the end of the heading, with the text following on the same line.

First Level Heading

Second Level Heading

Third level heading.

Abstract. An abstract is a concise summary of your paper that introduces readers to your topic and main points. Most scholarly journals

require an abstract; check with your instructor about his or her preference. Put your abstract on the second page, with the word *Abstract* centered at the top. Unless your instructor specifies a length, limit your abstract to 250 words or fewer.

Long quotations. Indent quotations of more than forty words one-half inch (or five-to-seven spaces) from the left margin. Do not use quotation marks, and place the page number(s) in parentheses *after* the end punctuation.

Kaplan (2000) captured ancient and contemporary Antioch for us:

At the height of its glory in the Roman-Byzantine age, when it had an amphitheater, public baths, aqueducts, and sewage pipes, half a million people lived in Antioch. Today the population is only 125,000. With sour relations between Turkey and Syria, and unstable politics throughout the Middle East, Antioch is now a backwater—seedy and tumbledown, with relatively few tourists. (p. 123)

Antioch's decline serves as a reminder that the fortunes of cities can change drastically over time.

List of references. Start your list on a new page after the text but before the notes. Center the title, and double-space the entire list. Each entry should begin at the left margin, and subsequent lines should be indented one-half inch (or five-to-seven spaces). Alphabetize the list by authors' last names (or by editors' names, if appropriate). Alphabetize works that have no author or editor by title, disregarding *A*, *An*, and *The*. Be sure every source listed is cited in the text; do not include sources that you consulted but did not cite.

Illustrations. For each table, provide a number (*Table 1*) and a descriptive title on separate lines above the table; below the table, include a note with information about the source. For figures—charts, dia-

Table 1
Hours of Instruction Delivered per Week

	American classrooms	Japanese classrooms	Chinese classrooms
First grade			
Language arts	10.5	8.7	10.4
Mathematics	2.7	5.8	4.0
Fifth grade			
Language arts	7.9	8.0	11.1
Mathematics	3.4	7.8	11.7

Note. Adapted from “Peeking Out from Under the Blinders: Some Factors We Shouldn’t Forget in Studying Writing,” by J. R. Hayes, 1991, National Center for the Study of Writing and Literacy (Occasional Paper No. 25). Retrieved from National Writing Project website: <http://www.nwpp.org/>

grams, graphs, photos, and so on—include a figure number (Figure 1) and information about the source in a note below the figure. Number tables and figures separately, and be sure to discuss any illustrations so that readers know how they relate to the rest of your text.

APA-e Sample Pages

The following sample pages are from “It’s in Our Genes: The Biological Basis of Human Mating Behavior,” a paper submitted by Carolyn Stonehill for a first-year writing course. They are formatted according to the guidelines of the *Publication Manual of the American Psychological Association*, 6th edition (2010). To read the complete paper, go to www.norton.com/write/little-seagull-handbook.

Sample Title Page, APA Style

"Running head:" and shortened title.

..... Running head: IT'S IN OUR GENES

Page number.

..... 1

Title, name, and school name.

.....
It's in Our Genes:
The Biological Basis of Human Mating Behavior
Carolyn Stonehill
Wright State University

Sample Abstract, APA Style

IT'S IN OUR GENES

2

Abstract

Heading
centered.

While cultural values and messages certainly play a part in the process of mate selection, the genetic and psychological predispositions developed by our ancestors play the biggest role in determining to whom we are attracted. Women are attracted to strong, capable men with access to resources to help rear children. Men find women attractive based on visual signs of youth, health, and, by implication, fertility. While perceptions of attractiveness are influenced by cultural norms and reinforced by advertisements and popular media, the persistence of mating behaviors that have no relationship to societal realities suggests that they are part of our biological heritage.

250 words or
fewer.

Two spaces
after end
punctuation.

Sample Page of Research Paper, APA Style

IT'S IN OUR GENES

1"

3

Title
centered.

It's in Our Genes:

The Biological Basis of Human Mating Behavior

Double-spaced
throughout.

Consider the following scenario: It's a sunny afternoon on campus, and Jenny is walking to her next class. Out of the corner of her eye, she catches sight of her lab partner, Joey, parking his car. She stops to admire how tall, muscular, and stylishly dressed he is, and she does not take her eyes off him as he walks away from his shiny new BMW. As he flashes her a pearly white smile, Jenny melts, then quickly adjusts her skirt and smooths her hair.

Paragraphs
indent 5 to
7 spaces
($\frac{1}{2}$ inch).

This scenario, while generalized, is familiar: Our attraction to people—or lack of it—often depends on their physical traits. But why this attraction? Why does Jenny respond the way she does to her handsome lab partner? Why does she deem him handsome at all? Certainly Joey embodies the stereotypes of physical attractiveness prevalent in contemporary American society.

1"

1"

Advertisements, television shows, and magazine articles all provide Jenny with signals telling her what constitutes the ideal American man. Yet she is also attracted to Joey's new sports car even though she has a new car herself. Does Jenny find this man striking because of the influence of her culture, or does her attraction lie in a more fundamental part of her constitution? Evolutionary psychologists, who apply principles of evolutionary biology to research on the human mind, would say that Jenny's responses in this situation are due largely to mating strategies developed by her prehistoric ancestors. Driven by the need to reproduce and propagate the species, these ancestors of ours formed patterns of mate selection so effective in providing for

1"

Sample Reference List, APA Style

IT'S IN OUR GENES

9

References

Heading
centered.

- Allman, W. F. (1993, July 19). The mating game. *U.S. News & World Report*, 115(3), 56-63.
- Boyd, R., & Silk, J. B. (2000). *How humans evolved* (2nd ed.). New York, NY: Norton.
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- Sapolsky, R. M. (2001-2002, December-January). What do females want? *Natural History*, 18-21.
- Singh, D. (1993). Adaptive significance of female physical attractiveness: Role of waist-to-hip ratio. *Journal of Personality and Social Behavior*, 65, 293-307.
- Tattersall, I. (2001). Evolution, genes, and behavior. *Zygon: Journal of Religion & Science*, 36, 657-666. doi:10.1111/0591-2385.00389
- Weiten, W. (2001). *Psychology: Themes & variations* (5th ed.). San Bernardino, CA: Wadsworth.

Alphabetized
by authors'
last names.All lines after
the first line
of each entry
indented.All sources
listed are cited
in the text.