It all starts with a chair, where Juno (Ellen Page) has unprotected sex with her best friend Bleecker (Michael Cera). Several weeks later, she’s at a convenience store, buying a pregnancy test. Only sixteen, Juno faces the terrifying task of telling her parents that she is pregnant. With their support, Juno moves forward in her decision to give birth and give the child to Mark (Jason Bateman) and Vanessa (Jennifer Garner), a wealthy and seemingly perfect married couple looking to adopt. Although the situations Juno’s characters find themselves in and their dialogue may be criticized as unrealistic, the film, written by Diablo Cody and directed by Jason Reitman, successfully portrays the emotions of a teen being shoved into maturity way too fast.

Much of the time, Juno seems unrealistic because it seems to treat the impact of teen pregnancy so lightly. The consequences of Juno’s pregnancy are sugar-coated to such an extent that in many cases, they are barely apparent. The film downplays the emotional struggle that a pregnant woman would feel in deciding to give birth and then put that child up for adoption, and it ignores the discomforts of pregnancy, such as mood swings and nausea.

Likewise, Juno’s dialogue is too good to be true—funny and clever, but unrealistic. For example, Juno tells Mark and Vanessa “If I could just have the thing and give it to you now, I totally would.”
But I’m guessing it looks probably like a sea monkey right now, and we should let it get a little cuter.” At another point, talking about her absent mother, Juno says, “Oh, and she inexplicably mails me a cactus every Valentine’s Day. And I’m like, ‘Thanks a heap, coyote ugly. This cactus-gram stings even worse than your abandonment.’” As funny as they are, the creatively quirky one-liners often go a bit too far, detracting from both the gravity of Juno’s situation and the film’s believability.

But although the situations and dialogue are unrealistic, the emotional heart of the movie is believable -- and moving. Despite the movie’s lack of realism in portraying her pregnancy, Juno’s vulnerability transforms her character and situation into something much more believable. Juno mentions at various times that her classmates stare at her stomach and talk about her behind her back, but initially she seems unconcerned with the negative attention. This façade falls apart, however, when Juno accuses Bleeker, the baby’s father, of being ashamed of the fact that he and Juno have had sex. The strong front she is putting up drops when she bursts out, “At least you don’t have to have the evidence under your sweater.” This break in Juno’s strength reveals her vulnerability and makes her character relatable and believable.

The juxtaposition of Juno’s teenage quirks and the adult situation she’s in also reminds us of her youth and vulnerability. As a result of the adult situation Juno finds herself in and her generally stoic demeanor, it’s easy to see her as a young adult. But the film fills each scene with visual reminders that Juno is just a kid being forced into situations beyond her maturity level. At a
convenience store, Juno buys a pregnancy test along with a licorice rope. She calls Women Now, an abortion clinic, on a phone that looks like a hamburger. And while she is giving birth, she wears long, brightly striped socks. These subtle visual cues help us remember the reality of Juno’s position as both physically an adult and emotionally an adolescent.

While the dialogue is too clever to be realistic, in the end it’s carried by the movie’s heart. Scott Tobias from the entertainment website The A.V. Club says it best when he writes that the colorful dialogue is often “too ostentatious for its own good, but the film’s sincerity is what ultimately carries it across.” In fact, intensely emotional scenes are marked by their lack of witty dialogue. For example, when Juno runs into Vanessa at the mall, Vanessa, reluctantly at first, kneels down to talk to the baby through Juno’s stomach. Vanessa’s diction while talking to the baby is so simple, so expected. She simply starts with, “Hi baby, it’s me. It’s Vanessa,” and then continues, “I can’t wait to meet you.” This simple, everyday statement stands out in comparison to the rest of the well-crafted, humorous script. For her part, Juno simply stares admiringly at Vanessa. She doesn’t have to say anything to transform the scene into a powerful one. Another scene in which the dialogue stops being clever is the one in which Juno and Bleeker lie side by side in a hospital bed after Juno has given birth, Juno in tears and Bleeker lost in thought. They don’t need to say anything for us to feel their pain at the realization that although the pregnancy is over, it will never truly be in the past. The absence of dialogue in scenes such as these actually contributes to their
power. We finally see more than stoicism and sarcasm from Juno: we see caring and fear, which are feelings most would expect of a pregnant teen.

There has been much concern among critics that as a pregnant teenager, Juno doesn’t present a good role model for teen girls. Worrying that teens may look up to Juno so much that being pregnant becomes “cool,” Dana Stevens writes in Slate, “Let’s hope that the teenage girls of America don’t cast their condoms to the wind in hopes of becoming as cool as 16-year-old Juno MacGuff.” But it is not Juno’s pregnancy that makes her cool: it is her ability to overcome the difficult obstacles thrown at her, and that strength does make her a good role model. Another critic, Lisa Schwarzbaum from Entertainment Weekly, feels that the movie might have been more realistic had Juno chosen to go through with an abortion. It’s true that Juno may have chosen the more difficult answer to a teen pregnancy, but she is far from alone in her decision. Perhaps Schwarzbaum underestimates teens in thinking that they would not be able to cope with the emotionally difficult situation Juno chooses. Again, in her strength, Juno is a role model for young women.

Although Juno is a comedy filled with improbable situations, exaggerations, and wit, its genuine emotion allows us to connect with and relate to the film. The reality of the characters’ emotions in controversial and serious situations allows Juno to transcend its own genre. It reaches depths of emotion that are unusual for teenage comedies, proving that Juno is not just another teen movie.
Works Cited


